

Alexander Westphal, MD, PhD

Curriculum Vitae

awestphal@autismforensics.com | +1 203 216 8428 | www.autismforensics.com

PERSONAL STATEMENT

I am a forensic and child and adolescent psychiatrist on the faculty of the Division of Law and Psychiatry and the Child Study Center at Yale School of Medicine. My clinical and academic work concerns autism and related neurodevelopmental conditions, the assessment and management of violence risk, and the relationship between neurodivergence, extremism and targeted violence. Primarily I am an academic clinician who focuses on the assessment and treatment of neurodiverse children and adults, including non-verbal people. I lead a psychiatric service of a network of schools and residential programs for autistic children and adults. I also evaluate and testify in criminal and civil matters in US federal and state courts and in Canada, and have written expert reports for proceedings in the United Kingdom. I consult to law enforcement, threat assessment and court agencies on autism and targeted violence, and I am board certified in general, child and adolescent, and forensic psychiatry.

CURRENT POSITIONS

Associate Professor, Adjunct, Division of Law and Psychiatry, Yale School of Medicine New Haven, CT	2023–present
Associate Professor, Adjunct, Yale Child Study Center, Yale School of Medicine New Haven, CT	2023–present
Chief of Psychiatry, Benhaven Network Wallingford, CT	2016–present
Consulting Child Psychiatrist, Rural Behavioral Health Institute Livingston, MT	2023–present

PREVIOUS POSITIONS

Consulting Psychiatrist, Therapeutic Center for Children and Families Westport, CT	2023–2026
Associate Professor, Division of Law and Psychiatry, Yale School of Medicine New Haven, CT	2019–2023
Associate Professor (secondary), Yale Child Study Center, Yale School of Medicine New Haven, CT	2019–2023
Consulting Psychiatrist, Raeger Autism Institute Amsterdam, NL	2013–2019

Assistant Professor, Division of Law and Psychiatry, Yale School of Medicine New Haven, CT	2013–2019
Assistant Professor (secondary), Yale Child Study Center, Yale School of Medicine New Haven, CT	2013–2019
Consulting Forensic Psychiatrist, Connecticut Psychiatric Security Review Board Middletown, CT	2014–2023
Consulting Child and Adolescent Psychiatrist, Clifford Beers Clinic New Haven, CT	2022–2023
Consulting Psychiatrist, Benhaven Network Wallingford, CT	2012–2016
Medical Director, Yale Academic Skills Clinic New Haven, CT	2014–2016
Consulting Psychiatrist, Young Adult Services, Connecticut Department of Mental Health and Addiction Services Middletown, CT	2013–2014
Medical Director, Yale University Forensic Drug Diversion Program New Haven, CT	2012–2014

EDUCATION AND TRAINING

Degrees

PhD, Investigative Medicine, Yale Graduate School of Arts and Sciences Dissertation: The Place of Childhood Disintegrative Disorder on the Autism Spectrum. New Haven, CT	2013
MD, Brown University School of Medicine Providence, RI	2005
Post Baccalaureate Premedical Certificate, Columbia University School of General Studies New York, NY	2001
BA, Bennington College Bennington, VT	1998

Residency and fellowship training

Forensic Psychiatry Fellowship, Department of Psychiatry, Yale University	2013
Child and Adolescent Psychiatry Fellowship, Solnit Program, Yale Child Study Center	2011
Adult Psychiatry Residency, Solnit Program, Department of Psychiatry, Yale University	2010

Board certification

Child and Adolescent Psychiatry, American Board of Psychiatry and Neurology	2018
---	------

Forensic Psychiatry, American Board of Psychiatry and Neurology	2015
General Psychiatry, American Board of Psychiatry and Neurology	2013

Certifications and courses

T-SAM (Trauma and Adversity Based Safety Assessment and Management Tool)	2025
ADI-R (Autism Diagnostic Interview, Revised)	2019
PCL-R (Psychopathy Checklist, Revised)	2016
HCR-20 V3 (Historical Clinical Risk Management-20, Version 3)	2016
fMRI Visiting Fellowship Course, MGH/MIT/HMS Martinos Center for Biomedical Imaging	2011
Clinical Gait Analysis Course, Center for Motion Analysis, Connecticut Children's Medical Center	2008
ADOS (Autism Diagnostic Observation Schedule)	2007

Licensure and jurisdictional recognition

Licensed to practice medicine in Connecticut (license no. 45679, continuously since 2007) and Montana (license no. 131392, since 2023). Accepted and qualified as an expert witness in United States federal and state courts and in Canada. Instructed as an expert and provided written opinion, without testimony, in the United Kingdom and Australia.

Selected testimony

<i>State v. Corey Cook, State v. Aime</i> , Connecticut Superior Court. Defense expert.	2026
<i>State v. Jacob Morrow</i> , Rhode Island Superior Court. Defense expert.	2026
<i>State v. Christopher DeAngelo</i> , Connecticut Superior Court. Prosecution Expert.	2023
<i>R. v. Alec Minassian</i> , Ontario Superior Court of Justice. Defense expert.	2020
<i>State v. Kristopher Prudhomme</i> , Connecticut Superior Court. Defense expert.	2019
<i>State v. Franklin Foster</i> , Connecticut Superior Court. Court Appointed.	2019
<i>State v. Purcell</i> , Connecticut Superior Court. Prosecution Expert.	2015
<i>State v. Lishan Wang</i> , Connecticut Superior Court. Court Appointed.	2015
<i>State v. Marvin Narcisse</i> , Connecticut Superior Court. Defense expert.	2013
<i>State v. Nicholas DiSanti</i> , Connecticut Superior Court. Defense expert.	2013
<i>State v. Michael Mongeau</i> , Connecticut Superior Court. Defense expert.	2012

Amicus briefs

Brief of <i>Amici Curiae</i> Neurodiversity Experts, <i>United States v. Bankman-Fried</i> , No. 24-961 (2d Cir.). Filed September 20, 2024. Addressed autism, ADHD, and the interpretation of a defendant's demeanor at trial.	2024
---	------

PUBLICATIONS

Edited books

Volkmar F, Loftin R, Westphal A, Woodbury-Smith M, editors. (2021). *Handbook of Autism Spectrum Disorder and the Law*. Cham: Springer.

Peer reviewed articles

Wijekoon S, Robison J, Welch C, Westphal A, Loftin R, Jachyra P, Perry B, Rombos V, Picciolini C, Bosyj C, Senman L, Baron-Cohen S, Penner M. (2026). Family and clinician perspectives about how autism and extremism intersect. *Autism in Adulthood*. doi:10.1177/25739581251412666

Wijekoon S, Robison J, Welch C, Westphal A, Loftin R, Perry B, Jachyra P, Stevenson S, Aggarwal J, Baron-Cohen S, Penner M. (2024). Neurodivergence and the rabbit hole of extremism: uncovering lived experience. *Autism in Adulthood*.

Allely CS, Jouenne E, Westphal A, Staufenberg E, Murphy D. (2024). Autism spectrum disorder, extremism and risk assessment. *Criminal Behaviour and Mental Health*. 34(2):182–196.

Malow BA, Mazurek M, Stobbe G, Agrawal MM, Loftin R, Caudel D, Hess A, Westphal A, Smith J, Shouse J, Cheak-Zamora N. (2023). ECHO Autism adult healthcare: training community clinicians to provide quality care for autistic adults. *Autism Research*. 16(8):1619–1629.

Welch C, Senman L, Loftin R, Picciolini C, Robison J, Westphal A, Perry B, Nguyen J, Jachyra P, Stevenson S, Aggarwal J, Wijekoon S, Baron-Cohen S, Penner M. (2023). Understanding the use of the term “weaponized autism” in an alt-right social media platform. *Journal of Autism and Developmental Disorders*. 53:4035–4046.

Woodbury-Smith MR, Loftin R, Westphal A, Volkmar FR. (2022). Vulnerability to ideologically motivated violence among individuals with autism spectrum disorder. *Frontiers in Psychiatry*. 13:873121.

Duke A, Smith K, Oberleitner L, Westphal A, McKee S. (2018). Alcohol, drugs, and violence: a meta-meta-analysis. *Psychology of Violence*. 8(2):238–249.

Westphal A, Loftin R. (2017). Autism spectrum disorder and criminal defense. *Psychiatric Annals*. 47(12):584–587.

Gupta A†, Westphal A†, Yang D, Sullivan C, Eilbott J, Samir Z, Voos A, Vander Wyk B, Ventola P, Waqar Z, Fernandez T, Ercan-Sencicek A, Walker M, Choi M, Schneider M, Hedderly T, Baird G, Friedman H, Cordeaux C, Ristow A, Shic F, Volkmar F, Pelphrey K. (2017). Neurogenetic analysis of childhood disintegrative disorder. *Molecular Autism*. 8:19. doi:10.1186/s13229-017-0133-0. († equal contribution)

Coker KL, Smith PH, Westphal A, Zonana H, McKee SA. (2014). Crime and psychiatric disorders among youth in the US population: an analysis of the National Comorbidity Survey Adolescent Supplement. *Journal of the American Academy of Child and Adolescent Psychiatry*. 53(8):888–898.

Westphal A, Schelinski S, Volkmar F, Pelphrey K. (2013). Revisiting regression in autism: Heller’s dementia infantilis. Includes a translation of *Über Dementia Infantilis*. *Journal of Autism and Developmental Disorders*. 43(2):265–271.

Westphal A, Bloch M, Srihari V. (2009). Evidence-based case report: prescribing for a young adult with inattention and probable stimulant induced psychosis. *American Journal of Psychiatry Residents' Journal*. 4(7):9–13.

Westphal A, Volkmar F. (2008). An update on autism. *Focus*. 6(3):284–292.

Volkmar F, Weisner L, Westphal A. (2006). Healthcare issues for children on the autism spectrum. *Current Opinion in Psychiatry*. 19(4):361–366.

Book chapters

Westphal A. (2024). Violence risk assessment. In: Wasser T, editor. *Psychiatry and the Law: Basic Principles*. 2nd ed. Cham: Springer. p. 177–187.

Westphal A. (2021). Counterfeit deviance. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. 2nd ed. Cham: Springer.

Westphal A, Loftin R. (2021). Violence risk assessment in autism spectrum disorder. In: Volkmar FR, Loftin R, Westphal A, Woodbury-Smith M, editors. *Handbook of Autism Spectrum Disorder and the Law*. Cham: Springer. doi:10.1007/978-3-030-70913-6_22

Yarnell-Mac Grory S, Mahoney M, Westphal A. (2021). Neuroscience of autism in the legal context. In: Volkmar FR, Loftin R, Westphal A, Woodbury-Smith M, editors. *Handbook of Autism Spectrum Disorder and the Law*. Cham: Springer. doi:10.1007/978-3-030-70913-6_4

Loftin R, Volkmar F, Westphal A, Woodbury-Smith M. (2021). Moving forward: a knowledge translation research and policy agenda for the next decade. In: Volkmar FR, Loftin R, Westphal A, Woodbury-Smith M, editors. *Handbook of Autism Spectrum Disorder and the Law*. Cham: Springer.

Loftin R, Sperry L, Westphal A. (2017; 2nd ed. 2021). Sexuality and problem behaviors. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.

Westphal A. (2017). Violence risk assessment. In: Wasser T, editor. *Psychiatry and the Law: Basic Principles*. 1st ed. New York: Springer.

Barron D, Higgins S, Westphal A. (2016). Brain in the balance: neuroimaging in the courtroom. In: Griffith E, Norko M, Buchanan A, Baranoski M, Zonana H, editors. *Bearing Witness to Change in Forensic Psychiatry Practice*. New York: CRC Press/Taylor & Francis.

Weiss K, Westphal A. (2015). Autism spectrum disorder and criminal justice. In: Weiss K, Watson C, editors. *Psychiatric Expert Testimony: Emerging Applications*. New York: Oxford University Press.

Westphal A, LeMaistre E. (2014). Childhood disintegrative disorder. In: Friedman H, editor. *Encyclopedia of Mental Health*. 2nd ed. Waltham, MA: Academic Press/Elsevier.

Westphal A, Kober D, Voos A, Volkmar F. (2014). Psychopharmacological treatments. In: Volkmar F, McPartland J, Klin A, editors. *Asperger Syndrome*. 2nd ed. New York: Guilford Press.

Volkmar F, Reichow B, Westphal A, Mandell DS. (2014). Autism and the autism spectrum: diagnostic concepts. In: Volkmar F, Rogers SJ, Paul R, Pelphrey KA, editors. *Handbook of Autism and Pervasive Developmental Disorders*. 4th ed. Hoboken, NJ: Wiley.

Westphal A, Ristow A, Voos A, Volkmar F. (2013). Childhood disintegrative disorder. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.

- Westphal A. (2013). Theodor Heller. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.
- Westphal A. (2013). Midbrain. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.
- Westphal A. (2013). Midbrain raphe. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.
- Westphal A, Farmer M. (2013). Metachromatic leukodystrophy. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.
- Voos A, Westphal A. (2013). Medial temporal lobe. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.
- Avini M, Westphal A. (2013). Medulla oblongata. In: Volkmar F, editor. *Encyclopedia of Autism Spectrum Disorders*. New York: Springer.
- Westphal A, Voos A, Pelphrey K. (2012). Functional magnetic resonance imaging as a biomarker for the diagnosis, progression and treatment of autistic spectrum disorders. In: McArthur RA, editor. *Translational Neuroimaging: Tools for CNS Drug Discovery, Development and Treatment*. Waltham, MA: Academic Press/Elsevier.
- Westphal A, Pelphrey K. (2011). Towards an understanding of the neural basis of social dysfunction in autism spectrum disorder and its implications for improving pharmacotherapy. In: Martin A, Scahill L, editors. *Pediatric Psychopharmacology*. 2nd ed. New York: Oxford University Press.
- Ristow A, Westphal A, Scahill L. (2010). Treating hyperactivity in children with pervasive developmental disorders. In: Hollander E, Kolevzon A, Coyle J, editors. *Textbook of Autism Spectrum Disorders*. Arlington, VA: American Psychiatric Publishing.
- Scahill L, Poncin Y, Westphal A. (2010). Somatic treatments: alpha adrenergics, beta blockers, benzodiazepines, buspirone, and desmopressin. In: Dulcan M, editor. *Dulcan's Textbook of Child and Adolescent Psychiatry*. Arlington, VA: American Psychiatric Publishing.
- McPartland J, Klin A, Westphal A, Volkmar F. (2009). Childhood disorders: the pervasive developmental disorders. In: Tasman A, Kay J, Lieberman JA, First MB, Maj M, editors. *Psychiatry*. 3rd ed. Hoboken, NJ: Wiley.
- Volkmar F, Westphal A, Gupta A, Weisner L. (2008). Medical issues. In: Chawarska K, Volkmar F, Klin A, editors. *Autism Spectrum Disorders in Infants and Toddlers*. New York: Guilford Press.

Editorials

- Woodbury-Smith MR, Westphal A, Loftin R. (2024). Editorial: training in autism among first responders. *Journal of Autism and Developmental Disorders*. 54(4):1233–1234.
- Westphal A, Parke S. (2018). Autism spectrum disorder and the insanity defense. *American Academy of Psychiatry and the Law Newsletter*. January.

Commentary and analysis

- Westphal A. (2022). Neurodevelopmental conditions and the NGRI defense. *Journal of the American Academy of Psychiatry and the Law*. Published online August 25, 2022 (220049-22).
- Alvarez-Toro V, Westphal A. (2020). Challenging the insanity defense. *Journal of the American Academy of Psychiatry and the Law*. 48(1):121–123.

- Westphal A, Allely C. (2019). The need for a structured approach to violence risk assessment in autism. *Journal of the American Academy of Psychiatry and the Law*. 47(4):437.
- Patel B, Westphal A. (2019). Softening the insanity defense. *Journal of the American Academy of Psychiatry and the Law*. 47(1):121–123.
- Bhalla I, Westphal A. (2018). First Amendment rights and forensic evaluations. *Journal of the American Academy of Psychiatry and the Law*. 46(1):109–111.
- Yarnell S, Westphal A, Ross D. (2017). Scanning for justice with functional magnetic resonance imaging. *Biological Psychiatry*. 82(4):e23–e24. doi:10.1016/j.biopsych.2017.06.014
- Westphal A. (2017). Public perception, autism and the importance of violence subtypes. *Journal of the American Academy of Child and Adolescent Psychiatry*. 56(6):462–463.
- Bryant P, Westphal A. (2017). Psychiatrists' limited ability to raise the statutory rights of their patients. *Journal of the American Academy of Psychiatry and the Law*. 45(1):123–124.
- Westphal A. (2016). Trauma and violence in autism: a commentary. *Journal of the American Academy of Psychiatry and the Law*. 44(2):198–199.
- Minhas H, Westphal A. (2016). Competency to waive Fifth Amendment rights during custodial interview. *Journal of the American Academy of Psychiatry and the Law*. 44(1):122–124.
- Mukherjee M, Westphal A. (2015). Shifting diagnostic systems for defining intellectual disability in death penalty cases: Hall v. Florida. *Journal of Autism and Developmental Disorders*. 45(7):2277–2278.
- Westphal A, Mukherjee M. (2014). Defining intellectual disability: the case of Hall versus Florida. *Psychiatric Times*. 31(3).
- Westphal A, Baranoski M. (2012). Burden of proof in establishing mental retardation in capital cases. *Journal of the American Academy of Psychiatry and the Law*. 40(1):139–141.

Book reviews and letters

- Westphal A. (2013). Far From the Tree by Andrew Solomon: book review. *Journal of the American Academy of Child and Adolescent Psychiatry*. 52(12):1350–1351.
- Westphal A. (2007). Ligers lived: letter to the editor. *Academic Psychiatry*. 31(3):247.
- Westphal A. (2007). Divided Minds: book review. *Journal of the American Academy of Child and Adolescent Psychiatry*. 46(6):782–783.
- Westphal A. (2006). Animals in Translation by Temple Grandin: book review. *Journal of the American Academy of Child and Adolescent Psychiatry*. 45(1):119–120.
- Westphal A. (2005). On the disconnect between science and society. *International Association of Child and Adolescent Psychiatry Bulletin*. 16:13–14.

INVITED PRESENTATIONS

- Neurodivergence and Extremism Risk. Keynote address, in Stern J, Westphal A, Cohen S, *When Nothing Matters: Personal Pain and Insularity as Drivers of Domestic Extremism*. Association of Threat Assessment Professionals Winter Conference. Orlando, FL. Cosponsored by the Florida Department of Law Enforcement and the University of Nebraska Public Policy Center. 2026

The Pathway from Neurodivergence to Danger: How Isolation Transforms Vulnerability into Violence. Keynote address. Prevent 2 Protect: Adolescent Targeted Violence Prevention Conference, Michigan State University. East Lansing, MI.	2025
Autism, Extremism and Violence Risk Assessment (with Wijekoon S, Penner M). 5th Annual Tromsø Conference in Neurorehabilitation, UiT The Arctic University of Norway. Tromsø, Norway.	2025
Autism and Law Enforcement: Making a Connection Through the Spectrum. Federal Law Enforcement Training Centers. Glynco, GA.	2025
Autism, Violence and INCEL. FBI San Francisco Field Office. San Francisco, CA.	2023
The Weaponization of INCELS. FBI Behavioral Threat Assessment Center. Quantico, VA (remote).	2023
Arrested on the Autism Spectrum. <i>The Social Chase Podcast</i> , Episode 43.	2023
INCEL: From Irony to Weaponization. International Conference on INCELS, Broadmoor High Security Hospital. Crowthorne, UK.	2022
Autism and the Legal System. Connecticut Division of Public Defender Services. Hartford, CT.	2022
An Introduction to Autism and Criminal Responsibility. Guest lecture, Geisel School of Medicine at Dartmouth. Hanover, NH.	2021
Autism and Criminal Responsibility: Theory of Mind, Empathy and Moral Development. Stanford Law School. Stanford, CA.	2021
Autism: Understanding Challenging and Difficult Behaviors. The Robert M. Heavenrich Endowed Lecture in Pediatrics, Michigan State University. East Lansing, MI.	2020
Autism: A Spectrum of Abilities and Challenges. Pediatric Grand Rounds, Michigan State University. East Lansing, MI.	2020
Extremism, Violence and Autism: Understanding the Relationship, in Westphal A, Churchill M, Cobaugh P, Straub F, <i>Emerging Issues: The Extremist Threat</i> , part of Leadership During Crisis: A Critical Incident Preparation and Response Leadership Training. National Police Foundation (webinar).	2020
Management of Autism in the Forensic Context (with Ford P, Girardi A). Grand Rounds, Connecticut Department of Mental Health and Addiction Services. Middletown, CT.	2020
Autism, the Internet, and the Clinician: Tools for the Rabbit Hole (with Loftin R, Penner M, Straub F, Woodbury-Smith M). Grand Rounds, Yale Child Study Center. New Haven, CT.	2020
Psychiatric Co-occurring Conditions and Autism. Project ECHO: Autism Adult Transition (international telehealth webinar series).	2019
Beyond This Place of Wrath and Tears: Managing Extreme Behaviors in the Community. Grand Rounds, Yale Child Study Center. New Haven, CT.	2018
Where Do I Go From Yale? Panelist. Yale University. New Haven, CT.	2018

Autism and Violence Risk Assessment. Raeger Autism Institute. Amsterdam, NL.	2017
What Happens When Autism and the Law Collide. <i>The Colin McEnroe Show</i> , WNPR/Connecticut Public Radio. Hartford, CT.	2017
Violence Risk Assessment in Autism Spectrum Disorder. National Association of State Mental Health Program Directors (national webinar).	2017
Violence Risk Assessment in Autism Spectrum Disorder, in Hughes C, Cooper P, Staufenberg E, Mills R, Murphy D, Westphal A, Frith U, <i>Adult Offenders with Autism Spectrum Disorder in the Criminal Justice System</i> . Broadmoor Hospital Quarterly Seminar. Crowthorne, UK.	2017
Problem Sexual Behaviors in Autism Spectrum Disorder. Connecticut Association for the Treatment of Sexual Offenders Annual Meeting. Middletown, CT.	2016
Autism Spectrum Disorders in the Criminal Justice System (with Loftin R, Sperry L). Joint DMHAS/DCF/CSSD Workshop. Middletown, CT.	2015
Sexual Offending and Autism (with Loftin R, Sperry L). The Arc's National Center on Criminal Justice and Disability (international webinar).	2015
Autism Spectrum Disorders and the Criminal Justice System. University of New Haven. West Haven, CT.	2015
Autism Spectrum Disorder and Problematic Sexual Behaviors Workshop (with Loftin R, Sperry L). 14th International Conference on the Care and Treatment of Offenders with an Intellectual or Developmental Disability. Leeds, UK.	2015
Childhood Disintegrative Disorder. Grand Rounds, Yale Child Study Center. New Haven, CT.	2015
Autism and Violence: An Update. Yale Child Study Center Autism Science Meeting. New Haven, CT.	2012
Autism Spectrum Disorders and the Criminal Justice System. Division of Criminal Justice, Connecticut Judicial Branch. Hartford, CT.	2012
Autism Spectrum Disorders and the Criminal Justice System. Court Support Services Division, Connecticut Judicial Branch. Wethersfield, CT.	2012
The Place of Childhood Disintegrative Disorder on the Autism Spectrum. Grand Rounds, University of Connecticut. Farmington, CT.	2012
Childhood Disintegrative Disorder: Research Summary. Child Mind Institute. New York, NY.	2012
Autism Spectrum Disorders and the Criminal Justice System. Benhaven School Teachers' Association. Wallingford, CT.	2012
Autism and the Criminal Law. Fifth Annual UJA-Hilibrand Autism Symposium. New York, NY.	2012
Autism Spectrum Disorders and the Criminal Justice System. Greenwich Lecture Series, Yale Child Study Center. Greenwich, CT.	2012
Autism Spectrum Disorders and the Criminal Justice System. Autism Speaks. New York, NY.	2012

Autism and Violence. Yale Child Study Center Autism Science Meeting. New Haven, CT.	2012
Childhood Disintegrative Disorder: Research Summary. Benhaven School Teachers' Association. Wallingford, CT.	2011
Autism Spectrum Disorders: Treatment and Research Summary. Foundation School Teachers' Association. Orange, CT.	2009

PEER REVIEWED CONFERENCE PRESENTATIONS

- Westphal A. Social media, isolation, and vulnerability to developing violent extremism, in Baranoski M, Westphal A, Bryant P, Herger M, Parke S, *Attend to Children: Developmental Foundation of Mental Disorders, Mental Health, Violence, and Violence Prevention*. International Academy of Law and Mental Health. Barcelona, Spain. 2024.
- Westphal A, Parsons D, Hafferty J. Involuntary celibates (INCELS), violence and mental disorder: recommendations for best practice in risk assessment and clinical intervention. American Psychiatric Association Annual Meeting. New York, NY. 2024.
- Parsons D, Westphal A, Hafferty J. INCELS, suicide games and attempted regicide. Royal College of Psychiatrists Faculty of Forensic Psychiatry Annual Meeting. Milan, Italy. 2024.
- Mazurek M, Stobbe G, Loftin R, Westphal A, Hess A, Caudel D, Cheak-Zamora N, Agrawal M, Shore S, Sohl K, Sadikova E, Huerta IC, Dare N, Malow BA. Iterative development of an ECHO Autism program to improve healthcare for autistic adults. International Meeting for Autism Research. Stockholm, Sweden. 2023.
- Broyd J, Westphal A, Parsons D, Hafferty J. Involuntary celibates (INCELS), violence and mental disorder: recommendations for best practice in risk assessment and clinical intervention. American Psychiatric Association Annual Meeting. San Francisco, CA. 2023.
- Westphal A. Autism and images of child exploitation: mechanisms. American Academy of Psychiatry and the Law Annual Meeting. Baltimore, MD. 2019.
- Westphal A. Suicide risk assessment in university students. International Academy of Law and Mental Health. Rome, Italy. 2019.
- Gupta AR, Sullivan C, Westphal A, Pelphrey KA, Shic F, Jack A. The genetics of childhood disintegrative disorder. International Meeting for Autism Research. Montreal, Canada. 2019.
- Westphal A. Academic affiliation, in Wasser T, Falls B, Westphal A, Ravven S, *So You're All Grown Up? Transitioning from a Trainee to a Psychiatric Expert*. American Academy of Psychiatry and the Law Annual Meeting. Denver, CO. 2017.
- Westphal A. Violence risk assessment for intellectual and developmental disabilities, in Ford E, Westphal A, Parke S, Negron R, *Falling Between the Cracks: Intellectual and Developmental Disability in the Correctional System*. American Academy of Psychiatry and the Law Annual Meeting. Denver, CO. 2017.
- Westphal A. Autism and violence. International Academy of Law and Mental Health. Prague, Czech Republic. 2017.
- Westphal A. Clinical differentiation of autism and psychopathy, in Lyons C, Westphal A, Ryan E, Sperry L, Baranoski M, *Do All Roads Lead to Rome? Empathy in Autism and Psychopathy*. American Academy of Psychiatry and the Law Annual Meeting. Portland, OR. 2016.

- Westphal A. Academic trajectories, in Kolla N, Candilis P, Mossman D, Trestman R, Westphal A, *Hastening the Future: Onsite Research Consultation*. American Academy of Psychiatry and the Law Annual Meeting. Portland, OR. 2016.
- Walker K, Westphal A, Baranoski M, Sperry L. Autism and personality: challenges in assessment. American Academy of Psychiatry and the Law Annual Meeting. Portland, OR. 2016.
- Westphal A, Sperry L, Loftin R, Mahoney M. Autism and criminal offending workshop. Autism Europe Congress. Edinburgh, UK. 2016.
- Westphal A, Loftin R, Gufsa J, Amble P. Assessment and treatment of problem behaviors in developmental disabilities. American Academy of Psychiatry and the Law Annual Meeting. Fort Lauderdale, FL. 2015.
- Westphal A. Autism spectrum disorder and problematic sexual behaviors. International Meeting for Autism Research. Salt Lake City, UT. 2015.
- Westphal A. Autism spectrum disorder and challenging behaviors. 14th International Conference on the Care and Treatment of Offenders with an Intellectual or Developmental Disability. Leeds, UK. 2015.
- Westphal A, Weiss K, Mesibov G, Sperry L, O'Donnell P. Autism and criminality: assessment and response. American Academy of Psychiatry and the Law Annual Meeting. Chicago, IL. 2014.
- Westphal A, Baranoski M, Mukherjee M, Whalen J, Zonana H. Defining intellectual disability: the legacy of *Atkins v. Virginia*. American Academy of Psychiatry and the Law Annual Meeting. San Diego, CA. 2013.
- Westphal A. Discussant, clinical symposium: autism spectrum disorders and the criminal justice system. Eastern Psychological Association Annual Meeting. New York, NY. 2013.
- Westphal A. The intersection of autism and the criminal justice system. Eastern Psychological Association Annual Meeting. New York, NY. 2013.
- Westphal A, Devine S, Vachon D, Norko M, Easton C. Psychological factors in the determination of competency to stand trial. American Academy of Psychiatry and the Law Annual Meeting. Montreal, Canada. 2012.
- Westphal A. Autism and the criminal law. American Academy of Psychiatry and the Law Annual Meeting. Montreal, Canada. 2012.
- Volkmar F, Westphal A. Special interest group: pharmacological treatment for autism spectrum disorders. American Academy of Child and Adolescent Psychiatry Annual Meeting. Boston, MA. 2007.
- Westphal A, Pym R, Brown WA. The relationship between absolute pitch and autism spectrum disorders. Asperger's Association of New England Annual Conference. Boston, MA. 2005.

ABSTRACTS AND POSTERS

- Whaling K, Westphal A, Shinall J, Loftin R, Woodbury-Smith M. Psychotherapy treatment response outcomes in autistic adults with and without a history of suicidal ideation. American Psychiatric Association Annual Meeting. San Francisco, CA. 2026.
- Whaling K, Westphal A, Shinall J, Loftin R, Woodbury-Smith M. Prevalence rates, risk, and protective factors associated with lifetime suicidal ideation in help-seeking neurodivergent adults. American Psychiatric Association Annual Meeting. San Francisco, CA. 2026.

- Whaling K, Westphal A, Shinall J, Loftin R, Woodbury-Smith M. Identifying distinct presentations, demographic predictors, and lifetime suicidal ideation patterns in autistic adults via 3-step latent profile analysis. American Psychiatric Association Annual Meeting. San Francisco, CA. 2026.
- Wijekoon S, Robison J, Welch C, Westphal A, Loftin R, Perry B, Rombos V, Picciolini C, Jachyra P, Baron-Cohen S, Penner M. Personal and contextual factors influencing engagement in extreme ideologies among autistic individuals: clinician and family perspectives. American Academy of Child and Adolescent Psychiatry Annual Meeting. 2024.
- Wijekoon S, Robison J, Welch C, Westphal A, Loftin R, Perry B, Rombos V, Picciolini C, Bosyj C, Senman L, Jachyra P, Baron-Cohen S, Penner M. Neurodivergence and the rabbit hole of extremism: uncovering lived experience. International Meeting for Autism Research. Melbourne, Australia. 2024.
- Gupta AR, Sullivan C, Westphal A, Pelphrey KA, Shic F, Jack A. The genetics of childhood disintegrative disorder. International Meeting for Autism Research. Montreal, Canada. 2019.
- Yang D, Westphal A, Pelphrey K. Age-related developmental changes in the neural response to faces from childhood through adolescence in autism spectrum disorder. Society for Neuroscience. 369.4678. Washington, DC. 2017.
- Gupta A, Westphal A, Yang D, Pelphrey K. Systems biology of regressive autism. International Meeting for Autism Research. Salt Lake City, UT. 2015.
- Sperry L, Westphal A, Hayworth H, Loftin R. Special interest group on sexual offending and autism spectrum disorder. International Meeting for Autism Research. Salt Lake City, UT. 2015.
- Westphal A, Cordeaux C, Voos A, Vander Wyk BC, Kaiser MD, Pelphrey KA. Brain response to fearful faces in ASD with regression: a research update. International Meeting for Autism Research. 108.166. San Sebastián, Spain. 2013.
- Voos A, Westphal A, Kaiser MD, Sugrue D, Volkmar F, Pelphrey KA. Intellectual disability and face scanning in ASD. EyeTracKids 2011: Eye Tracking Methodology in Child and Infant Research. Montreal, Canada. 2011.
- Voos A, Westphal A, Kaiser MD, Sugrue D, Volkmar F, Pelphrey KA. Visual scanning of faces in childhood disintegrative disorder. International Meeting for Autism Research. San Diego, CA. 2011.
- Westphal A, Voos A, Kaiser MD, Vander Wyk BC, Pitskel NB, Volkmar F, et al. Brain responses to fearful faces differentiate childhood disintegrative disorder from other autism spectrum disorders. International Meeting for Autism Research. 116.025. San Diego, CA. 2011.
- Westphal A, Ristow A, Volkmar F. Comparison of adaptive behavior trajectories in childhood disintegrative disorder versus autistic disorder. International Meeting for Autism Research. 111.073. Philadelphia, PA. 2010.
- Deen B, Westphal A, Jou RJ, Pelphrey K. Default mode connectivity in children with and without autism, and their siblings. International Meeting for Autism Research. 118.133. Philadelphia, PA. 2010.
- Westphal A, Koenig K, Volkmar F. The clinical validity of childhood disintegrative disorder. International Meeting for Autism Research. 112.051. Chicago, IL. 2009.

Westphal A, Martin A, Jones W, Klin A. Eye tracking as a dependent variable in repeated measures designs. American Academy of Child and Adolescent Psychiatry Research Training Poster Session. Chicago, IL. 2008.

Westphal A, Pym R, Brown WA. Asperger disorder in prominent musicians with absolute pitch. American Psychiatric Association Annual Meeting. NR82. New York, NY. 2004.

TEACHING

Supervising Forensic Psychiatrist, Division of Law and Psychiatry, Yale School of Medicine	2015–present
Didactics Contributor, Forensic Psychiatry Fellowship, Division of Law and Psychiatry, Yale School of Medicine	2014–present
Didactics Contributor, Child and Adolescent Psychiatry Fellowship, Yale Child Study Center	2013–present
Didactics Contributor, Autism and Related Disorders Seminar and Practicum, Yale Child Study Center	2012–present
Didactics Contributor, Forensics Module, Psychiatry Residency, Yale School of Medicine	2014–2024
Hub Team Faculty, ECHO Autism: Therapy, University of Missouri	2023–2024
Preceptor, Chapel Haven Developmental Disabilities Rotation, Yale School of Medicine	2022–2023
Hub Team Faculty, ECHO Autism: Adult Transition, Vanderbilt University	2020–2022
Medical Student Interview Tutor, Yale School of Medicine	2010–2022
Co-Director, Forensic Child Psychiatry Track, Yale Forensic Psychiatry Fellowship	2016–2020
Guest Lecturer, Autism Program, Southern Connecticut State University	2020

GRANT AND FOUNDATION SUPPORT

Extreme Behaviors in Subjects with Autism Spectrum Disorder. Rumsey Cartier Foundation. Principal Investigator. 2016–2026.

ECHO Autism: Autism and Extremism. University of Missouri. Consultant; Hub Team (PI: Kristen Sohl). 2020–2026.

ECHO Autism: Autism and Extremism. Department of Defense. Consultant; Hub Team (PI: Melanie Penner, University of Toronto; Rachel Loftin, Northwestern University). 2020–2022.

Exploring Factors that Influence Autistic People Who Engage in Online Hate. New Frontiers in Research Fund. Consultant (PI: Melanie Penner, University of Toronto). 2020–2022.

ECHO Autism: Adult Transition. Department of Defense. Consultant; Hub Team (PI: Beth Malow, Vanderbilt University). 2020–2022.

Multimodal Developmental Neurogenetics of SSC Adolescents. Simons Foundation. Co-Investigator (PI: Kevin Pelphrey, University of Virginia). 2012–2016.

Anatomical/Functional Brain Characteristics in Subjects with ASD with Intellectual Disability. Rumsey Cartier Foundation. Principal Investigator. 2012–2016.

Autism Center of Excellence Network: Multimodal Developmental Neurogenetics of Females with ASD. NIH/NIMH (R01 MH100028). Co-Investigator (PI: Kevin Pelphrey, University of Virginia). 2012–2016.

Childhood Disintegrative Disorder: Functional Brain Characteristics. Alan B. Slifka Foundation. Principal Investigator. 2012.

Investigation of the Etiology of Childhood Disintegrative Disorder. Simons Foundation. Co-Investigator (PI: Kevin Pelphrey, University of Virginia). 2011–2013.

Training Program in Childhood Neuropsychiatric Disorders. NIH/NIMH (T32 MH018268). Trainee (PI: James Leckman, Yale University). 2007–2010.

Research Education for Future Physician-Scientists in Child Psychiatry. NIH/NIMH (R25 MH077823). Trainee (PI: James Leckman, Yale University). 2006–2011.

AWARDS

The Robert M. Heavenrich Endowed Lecture in Pediatrics, Michigan State University	2020
Teaching Award, Division of Law and Psychiatry, Yale University	2018
Melvin Lewis Award for Excellence in Medical Student Education, Yale Child Study Center	2011
AACAP Outstanding Child and Adolescent Psychiatry Award	2009
Sponsored Fellow, Summer Research Institute, Mind and Life Institute	2008
NIH Pediatric Research Loan Repayment Program	2007–2013
Excellence in Service Award, Child Psychiatry Unit, Yale New Haven Hospital	2007
Christopher Benedick Prize in Child Psychiatry, Bradley Hospital	2005
Community and International Health Institute Film Award, Brown University	2005
Research Award, Department of Community Health, Brown University	2004
Summer Research Assistantship Award, Brown Medical School	2003

EDITORIAL BOARDS

Frontiers in Psychiatry	2013–present
Journal of Autism and Developmental Disorders	2010–present

AD HOC REVIEWER

Adolescent Psychiatry; Australasian Journal of Philosophy; Autism; BJPsych Advances; Clinical Neuropharmacology; Frontiers in Psychiatry; Harvard Review of Psychiatry; Journal of the American Academy of Child and Adolescent Psychiatry; Journal of the American Academy of Psychiatry and the Law; Journal of Autism and Developmental Disorders; Journal of Child and Adolescent Psychopharmacology; Journal of Criminological Research, Policy and Practice; Journal of Intellectual Disability: Diagnosis and Treatment; Journal of Mental Health Research in Intellectual Disabilities; Journal of Nervous and Mental Disease; Journal of Psychiatry and Mental Health; Research in Autism Spectrum Disorders.

PROFESSIONAL AND PUBLIC SERVICE

Advisory Board, Adolescent Targeted Violence Prevention Project, Michigan State University and Safe and Sound Schools	2023–present
Member, Risk Assessment Committee, Benhaven Network	2018–present
Member, Juveniles and Law Committee, American Academy of Child and Adolescent Psychiatry	2015–present
Chair, Developmental Disabilities Committee, American Academy of Psychiatry and the Law	2013–2017
Member, Developmental Disabilities Committee, American Academy of Psychiatry and the Law	2011–present
Member, Board of Directors, Benhaven Network	2011–2025
Member, Forensic Risk Committee, Connecticut Valley Hospital	2014–2023
Member, Institutional Review Board, Office of the Commissioner, Connecticut Department of Developmental Services	2018–2022
Grant Reviewer, American Academy of Psychiatry and the Law Institute for Education and Research	2013–2022
Member, Research Committee, American Academy of Psychiatry and the Law	2013–2022
Member, History and Arts Committee, Group for the Advancement of Psychiatry	2013–2022
Member, Pharmaceutical and Therapeutics Committee, Connecticut Department of Social Services (Governor appointed)	2015–2020
Member, Services Subcommittee, Autism Advisory Council, Connecticut Department of Developmental Services	2013–2015

YALE UNIVERSITY SERVICE

Fellow, Berkeley College, Yale University	2022–present
Chair, Neurodiversity Subcommittee, Provost’s Advisory Committee on Resources for Students and Employees with Disabilities	2021–2023
Member, Provost’s Advisory Committee on Resources for Students and Employees with Disabilities (Service Subcommittee 2016–2019; Education, Publicity and Awareness Subcommittee 2019–2023)	2016–2023
Admissions Committee Interviewer, Yale Psychiatry Residency	2021–2023
Member, Marshall, Mitchell and Rhodes Nominating Committee, Yale College	2022–2023
Faculty Advisor, Fulbright Committee, Yale University	2021
Advisor, Yale Human Investigations Committee	2018–2022
Co-Executive Fellow, Berkeley College, Yale	2017–2022
Undergraduate Advisor, Berkeley College, Yale	2017–2022
Board Member, Graduate School of Arts and Sciences Alumni Association, Yale	2017–2020
Delegate, Association of Yale Alumni	2017–2020
Judge, 3 Minute Thesis Competition, Yale Graduate School of Arts and Sciences	2018

Examiner, Yale Psychiatry Residency Oral Examination	2013–2017
Member, Web and Social Media Committee, Yale Child Study Center	2015–2017
Undergraduate Advisor, Trumbull College, Yale College	2014–2016
Fellow, Trumbull College, Yale University	2010–2016
Member, Admissions Committee, Solnit Integrated Adult and Child Psychiatry Program, Yale Child Study Center	2007–2013

PROFESSIONAL MEMBERSHIPS

Association of Threat Assessment Professionals
American Academy of Psychiatry and the Law
American Academy of Child and Adolescent Psychiatry

CV current September 4, 2026